

Parent Power Hour

Tuesday, October 20th 5:30-6:30pm Courtney Covington, MS Director of Community & Family Services PEMHS

Community Resources: discovering the easy button



Figuring Out What Is Needed

A good first step to accessing services/resources is being familiar with your family, your needs, and what will support your unique situation.



Good Questions To Start With

What is the immediate need?

 Remember not all needs are big



> Does this seem to be an ongoing need?

You've struggled with this need before

> What will work for us long-term?

 In a time of stress or need it is easy to aim for immediate relief, but families owe it to themselves to invest in the bright futures they deserve

A Good Place To Start



Get Connected. Get Help.™ 211 Tampa Bay Cares, Inc.

Call 2-1-1 or text your zip code to 898211

> Visit the website at <u>https://211tampabay.org/</u> to search for local resources using your zip code

2-1-1 At A Glance

Families can call/text/or browse 211 for many reasons. The following are great examples of helpful resources:

- Food pantries
- Shelter resources
- Program referrals
 - Infant/parent support, rent assistance, mental health services, etc.
- Education/tutoring
- Transportation
- Employment
- Clothing and furnishings





Get Connected. Get Help.™ 211 Tampa Bay Cares, Inc.



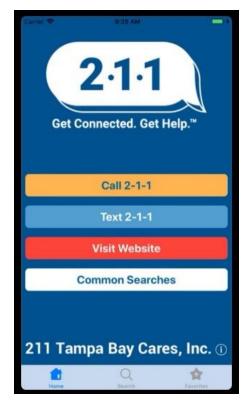
Download the free 211 Connects App

on your smart phone or tablet

- Access the same public info as the 211 Contact Center
- Use the quick links to call or text 211 for assistance









Pinellas CARES Fund

This fund helps Pinellas County individuals & families financially affected by the COVID-19 pandemic pay overdue rent, mortgage, and utility bills up to \$5,000 per household.

These funds are available to help you if:

- You are a Pinellas County Individual and/or Family 18 years-old or older or an emancipated youth
- You have a COVID-related qualifying event (furloughed without pay, laid off, or your company closed due to COVID-19)
- > You have less than \$10,000 savings in the bank.
- You are willing to sign an attestation confirming your situation to the items above
- For details visit: <u>https://211tampabay.org/programs/covid-cares/</u>

Keeping It Local

Neighborhood Family Centers (NFCs) are in every part of Pinellas & are a good place to build into your community and speak with people knowledgeable about local resources.

* CAP NFC

401 East Dr. MLK Jr. Drive Tarpon Springs, FL 34689

Clearwater NFC

900 North Dr. MLK Jr. Ave. Clearwater, FL 33755

Family Center on Deafness NFC

12445 62nd St. North #303, Largo, FL 33773

GRAYDI NFC

12601 130th Ave. North Largo, FL 33774

* High Point NFC

5812 150th Ave North Clearwater, FL 33760

Hispanic Outreach Center NFC

612 Franklin Street Clearwater, FL 33756

Lealman/Asian NFC

4255 56th Ave. North St. Petersburg, FL 33714 Mattie Williams NFC
 1003 Dr. MLK Jr. St. North
 Safety Harbor, FL 34695

Sanderlin NFC

2335 22nd Avenue South St. Petersburg, FL 33712



School Support At A Glance

Pinellas school are hubs of support for families and students. Below are examples of how:

Staff

- Family Liaisons
- Community Coordinators
- Social Workers
- Navigators
- Mental Health teams
 - therapists, psychologists,
 - behavior coaches, etc.

Each school has it's own programs, resources, and support teams

Oldies But Goodies

> Urban League

- 333 31st St N, St Petersburg, FL
- Main Phone: 727-584-7200
- o <u>https://www.pcul.org/</u>



> Pinellas Opportunity council (POC)

- Main Phone: 727-823-4101
- Call or visit website for locations: <u>https://poc-inc.org/</u>

Catholic Charities

- o 1213 16th St N, St. Petersburg, Florida 33705
- Main Phone: 727-893-1313

Golden Treasures

DayStar

- o 226 6th St S, St Petersburg, FL•727-825-0442
- Provides assistance with rent and utilities
- Additional services: food, help with SNAP application, obtaining Florida ID card and/or birth certificate, income tax return prep; personal and health care needs; mail pick-up

> JHOP Resource Center

- Located behind John's Hopkins Middle School in the back bus parking lot • 727-280-6703
- Provides fresh food on Thursdays from 10:30am 12:30pm
- Additional services: Help with job searches, resumes, faxes and copies, notary



More Golden Treasures

North Greenwood Resource Center

- o 1310 N. MLK Jr Ave, Clearwater, FL 33755
- 813-274-0900 (United Way main no.)
- Provides fresh food on Thursdays 11am 1pm
- Additional services: Help with job searches, resumes, faxes and copies, notary

Police Athletic League (PAL) centers

- Lealman Sports Complex
 3755 46th Ave. N, St. Pete, FL 33714 727-521-5315
- The Landings
 - □ 6835 54th Ave N. Building F, St. Pete, FL 33709
- Provides tutoring, mentoring and sports activities for youth
- Visit the website for more info: <u>https://www.pinellaspal.com/</u>



Shelter Needs

Homeless Leadership Alliance (HLA)

- 727-582-7292
- o <u>https://www.pinellashomeless.org/</u>
- Coordinates all community partners, systems and resources available with the goal of helping individuals and families to prevent, divert, and end homelessness in Pinellas County



Reach St. Pete

- 727-275-8655
- o <u>https://reachstpete.org/</u>
- Consists of outreach programs serving low-income and homeless communities living in motels, as well as men, women, and children at-risk of being homeless.
- Provides assisting with bills, rent, and providing access to basic necessities

Shelter Needs cont.

Grace House

o 1552 S. Myrtle Ave., Clearwater, FL. 33756

• 727-446-5964

Resurrection House

• 800 11th St N, St. Petersburg, FL 33705

727-823-4742

Safe Place 2B

* For youth/teens *

o 1615 Union St Clearwater, FL 33755 •727.298.1607

3761 5th Ave N St. Petersburg, FL 33713 •727.893.1893

Salvation Army (North county)

1521 E. Druid Rd., Clearwater, FL•727-446-4177

Salvation Army (South County)

1400 4th St. S., St. Petersburg •727-822-4954, ext. 221



Food Resources

BreakSpot, Food Pantry information, Meals on Wheels, etc. is found here:

<u>https://www.jwbpinellas.org/focus-</u> impact/strengthening-community/childhood-hunger/

For more Mobile Food Pantries visit: <u>https://feedingtampabay.org/mobilepantries/</u>

Free breakfast and lunch distribution locations: <u>https://www.pcsb.org/foodlocations</u>

Behavioral Health Needs

PEMHS

- Community Behavioral Health: 727-541-4628
- Suicide Hotline: 727-791-3131
- Mobile Crisis Response Team (MRT)
 - Responds to crisis by phone and/or in person 24/7
 - Main Number: 727-362-4424

> 24/7 Wellness Connection

• Main Number: 727-791-3131

> Suncoast

• Main Number: 727-388-1220



Behavioral Health Needs cont.

Directions

• Main Number: 727-524-4464

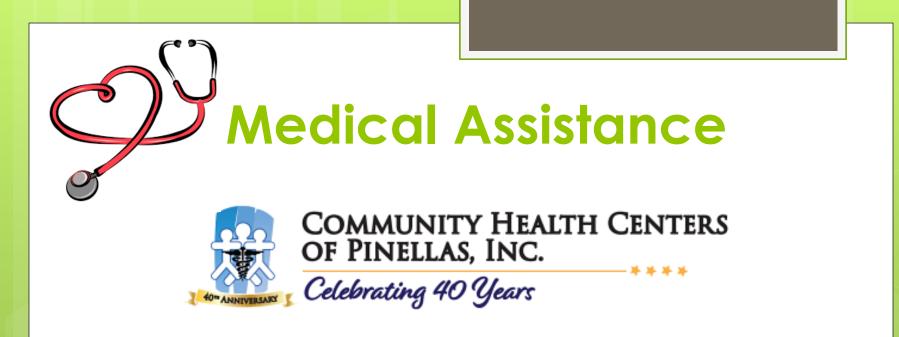
> GulfCoast Jewish Family Services

• Main Number: 727-727-479-1800

Family Resources

- Main Number: 727-521-5200
- Safe Place To Be
 - * for children & teens *
 - Main Number: 727-449-8336





Community Health Centers of Pinellas County, Inc.(CHCP) is a not-for-profit health care organization that provides affordable, primary health care services to underserved, low-income, uninsured, and underinsured Pinellas County residents.



CHCP provides services such as:

Family Practice

- Behavioral
 Health/Therapy
- Chiropractic **
- COVID-19

- - Nutrition
 - * Pediatrics

and more

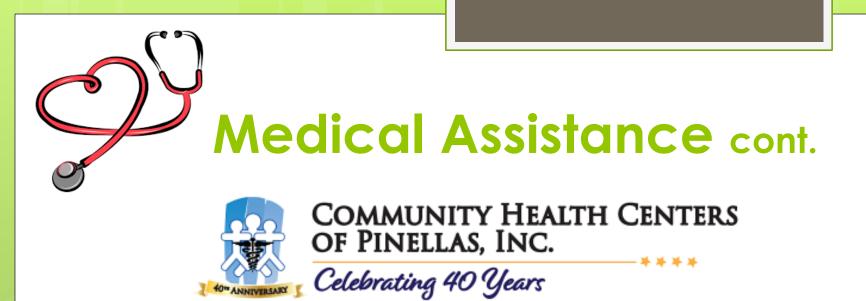
Women's Health

Telehealth

••• Testing

- Pharmacy
- Family Planning
- * Podiatry





- CHCP currently operates 12 health centers, and a Mobile Health Center, throughout Pinellas County.
- Visit their website for locations and information on scheduling an appointment: <u>https://www.chcpinellas.org/</u>

Medical Assistance cont.

Florida Department of Health in Pinellas County offers various Programs and services such as:



 COVID-19 Testing | Free Flu Shots | Primary Care | Dental Services | Immunizations/Vaccines | Healthy Start /Healthy Families | Healthy Babies | WIC | School Based Health Services | Women's Health | Family Planning | Teen Health | Men's Health | Tobacco Prevention and more



Florida Department of Health in Pinellas County

Main Number: 727-824-6900

Phone available 24/7

For locations and information, visit <u>http://pinellas.floridahealth.gov/</u>





Pinellas County Human Services Department offers:

The Mobile Medical Unit



- Provides outreach medical and dental care to the homeless population of Pinellas county
- For the monthly calendar and more info, visit <u>http://www.pinellascounty.org/humanservices/hch.</u> <u>htm</u> or call 727-432-4763



Preserve Vision Florida offers free Vision screenings for children and adults.



FLORIDA

For more information and locations, visit: <u>https://www.pvfla.org/</u> or call 813-435-3032

> Main Number: 813-874-2020 x 4024

Main Office: 9200 Seminole Boulevard – Second Floor Seminole, FL 33772



Free dental care is available through the following clinics:



- St. Petersburg Free Clinic Dental Program
 - Location: 5501 4th St. N., St. Petersburg, FL 33703
 - Main Number: 727-327-0333
 - <u>https://stpetersburgfreeclinic.org/projects/dental-program/</u>

Dental Health Clinic (Pinellas County Health Dept.)

- Main Number: 727-824-6900 ask for Dental
- Locations
 - 2189 Cleveland St, Suite 230 Clearwater, FL 33765 727-464-8400
 - 647 1st Ave. North, St. Petersburg, FL 33701
 727-582-7781

It's Never Too Late To Learn



The Literacy Council of St. Petersburg offers **free tutors** to who help adults:

- Learn to read and write
- Prepare for the GED or get a high school diploma

Call 727-521-1117 to learn more or visit <u>https://www.literacystpete.org/</u>

Located at 280 5th Street North, St. Petersburg, FL 33701

Adult Education Centers

Locations

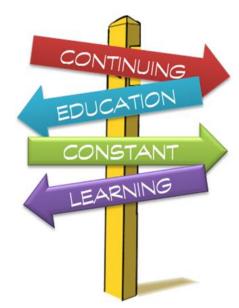
(classes may vary by location)

Clearview Adult Education Center

- 3815 43rd St. North St. Petersburg , FL 33714
- 727-221-5395
- o <u>https://www.pcsb.org/clearviewadult</u>
- Clearwater Adult Education Center Arcturas Annex
 - 1895 Gulf to Bay Blvd
 - 727-469-4190
 - o <u>https://www.pcsb.org/caec</u>

Lakewood Community School

- o 1400 54th Avenue South, St. Petersburg, FL 33705
- 727-893-2955
- https://www.pcsb.org/lakewood-cs



Adult Education Centers cont.

Locations

(classes may vary by location)

Palm Harbor Community School

- 1900 Omaha Street, Palm Harbor, FL 34683
- 727-669-1140
- https://www.pcsb.org/ph-cs

Fomlinson Adult Learning Center

- 296 Mirror Lake Dr., North St. Petersburg, FL 33701
- 727-893-2723
- o <u>https://www.pcsb.org/tomlinson</u>

Pinellas Technical Campus

- o <u>https://www.pcsb.org/myptc</u>
- Visit website for campus locations and information on classes



Adult Education Centers cont. Provides classes and programming for:

- > Adult Basic Education (ABE)
- General Educational Development (GED)
- English for Speakers of Other Languages (ESOL)
- ESOL Academic Transition Program (ESOL to GED)
- > Adult/High School Credit Recovery (APEX)
- Citizenship Preparation (within ESOL courses)
- Career Clinics
- > TABE Prep (Test of Adult Basic Education)
- Beginning & Intermediate Spanish Classes





CareerSource offers a wealth of resources for career seekers such as:

- Job Placement Services | Internships | Training and certification courses including
 - Workforce Innovation & Opportunity Act (WIOA) programs; which are now accepting applications for free training for Out-of-School Youth, Dislocated Workers, and Low-Income Adults
 - For program eligibility criteria and information, visit <u>https://careersourcepinellas.com/job-seekers/wioa/</u>



Career Center Locations

Call to schedule an appointment Main Website: <u>https://careersourcepinellas.com/</u>

- Gulf-to-Bay
 - 2312 Gulf to Bay Boulevard Clearwater, FL 33765
 - 727-608-2408

St. Petersburg – South County

- 3420 8th Avenue South St. Petersburg, FL 33711
- 727-608-2512

Tarpon Springs

- 3420 8th Avenue South St. Petersburg, FL 33711
- 727-608-2512

Helpful Tips

Tips and Tricks

- FindHelp.org powered by auntbertha
 - o <u>https://www.findhelp.org/</u>
 - Search for free and reduced cost social service programs in your zip code
- > PSTA Transportation Disadvantaged Bus Passes
 - <u>https://www.psta.net/programs/td-transportation-disadvantaged/</u>
 - Provides reduced cost transportation throughout Pinellas county to residents who qualify (see website for details)

Clothes to Kids

- <u>https://clothestokids.org/</u>
 727-441-5050
- Provides clothing to children (great for school uniforms)

Always Remember

Local churches and houses of worship have some type of assistance and may be a good starting point



Libraries have free children's programming



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Questions?

